



**From the Principal...**

**Dear Parents,**

It is hard to believe that we are already in December and that students and teachers have almost completed their first term working together. Learning is happening everyday at Roch Carrier. As you walk in the hallways during our upcoming December events, please take time to admire our student's work. We are very proud of our student's accomplishments!



**Food for thought...**

**WHY READ 20 MINUTES A DAY?**

Student A:	Student B:
Reads 20 minutes five nights of every week;	Reads only 4 minutes a night...or not at all!
Reads 20 min. x 5 times a week = 100 mins./week	Reads 4 minutes x 5 times a week = 20 minutes
Reads 400 minutes a month	Reads 80 minutes a month
Reads 3600 min. in a school year	Reads 720 min. in a school year
Practices reading the equivalent of ten whole school days a year.	Gets the equivalent of only two school days of reading practice a year.

\*If daily reading begins in infancy, by the time the child is five years old, he or she has been fed roughly 900 hours of brain food!

\*Reduce that experience to just 30 minutes a week, and the child's hungry mind loses 770 hours of nursery rhymes, fairy tales, and stories.

\*A kindergarten student who has not been read aloud to could enter school with less than 60 hours of literacy nutrition. No teacher, no matter how

talented, can make up for those lost hours of mental nourishment.

Reading daily is important! Why not have a family night of reading? It is great to just shut off the television and computer for 20-30 minutes and read... and share.



I would like to take this opportunity to wish you all a very happy Holiday Season with your family and friends.

Mme Sioufi ☺

**From the desk of Ms. Clayton:**



Now, winter is almost here! The students were very excited a couple of weeks ago when our first snowfall of the season gave them lots of fresh, sticky snow to build with. I enjoyed

watching students work together to fill the field with snow creatures, snowmen and humongous snowballs. I watched as students from different grades and classes pooled their resources to make large forts and push massive snowballs. What cooperation!! I see this cooperative spirit throughout the building on a daily basis whether students are acting as computer buddies, gym buddies, lunch monitors, bus buddies or on the yard at recess. Thank you boys and girls!

Thank you to all the parents who were able to check our "Lost and Found" during Parent/Teacher interviews. All remaining items will be sent to charity by December 19th. You are welcome to stop by anytime to see if there are items belonging to your family. Please consider labeling sweaters, mitts, hats and yes, even coats and snow pants so we can return found items to you in a timely manner.

I would like to wish all of our families and staff of Roch a wonderful holiday season and Happy New Year.

Ms. Clayton

**December Collection**



Roch Carrier E.S. has a strong tradition of giving to the community. Our commitment continues this holiday season. From Thursday, December 1st until Wednesday, December 14<sup>th</sup> we will be collecting for Toy Mountain, and from

Thursday, December 1st until Friday, December 16th we will be collecting for the Snow Suit Fund and the Kanata Food Cupboard. To donate items simply send them to school with your child. Thank you for your support in helping your community. Happy Holidays!

**We will be collecting the following donations:**

- unwrapped new toys
- gently used children's snow suits, hats, mitts and boots of all sizes
- non-perishable food



**Kanata Food Cupboard Shopping List: these are items for which there is a current need:**

.....To teach and learn with curiosity, creativity and confidence.....

**Dry Food:**

- casserole/rice mixes, cold and hot cereal, coffee, tea, hot chocolate
- cookie, muffin, and Jello mixes, crackers, Kraft Dinner, pancake mix and syrup, powdered milk (500g bag size)
- dry spaghetti and other pasta, oriental noodles (i.e., "Ramen"), rice (900g bag size), dry soup packets

**Canned/Bottled food:**

- carrots, corn, potatoes, green and yellow beans, peas, beets, mixed vegetables
- peanut butter, jam, and honey, baked beans with or without meat, stews and chili, canned pasta
- pasta sauce, soups (e.g., pea, mushroom, vegetable, chicken, chunky)
- condiments (ketchup, relish, mustard)
- tomato sauce/paste, Cheeze Whiz, ham, turkey, chicken

**School Snacks:**

- granola bars (peanut free ideal), pudding, fruit, applesauce cups, juice, drinking boxes, small & large cans

**Toiletries and Cleaning Supplies**

- feminine hygiene products, toilet tissue, toothbrushes and tooth paste, shampoo and hand soap, diapers: size 4,5,6
- all purpose household cleaner, laundry soap (small containers), dish soap

**Festive, Seasonal Items**

- poultry gravy, cranberries, canned turkey dressing/stuffing mixes, pie filling and shell mixes, cake and icing mixes

**Coach's Corner:**

Please have a look at the **Autumn Sports Break** newsletter (attached) for the latest news on our sports programs.

## Pennies to Play Mini-Basketball Tournament



Open to students in Grades 1, 2 and 3 only.

December 7, 2011 at both recess blocks.

\$2.00 to play (or more in a donation) to the Heart and Stroke Foundation.

Prizes and a lot of fun!

Sign up sheets will be in the classrooms until November 30<sup>th</sup>.

Thank you. Ms. O'Shaughnessy

### Flea Market



Get Cleaning for the holidays! The grade 6's will be hosting their annual Flea Market on December 20th. Please check your closets and nooks and crannies for gently used gifts. We will accept books, toys,

CDs, decorations, dolls, games, small knick knacks for parent gifts like mugs, ornaments, jewelry, trinkets, holiday wrapping, tape... in short, anything that you feel that you could part with. The children really enjoy doing their holiday shopping at this Flea Market, and our students love to help the children choose and wrap their gifts. Donations can be dropped at the office, or at portable 5, 1 or 10.

## Candygrams



Between Monday, December 12<sup>th</sup> and Friday, December 16<sup>th</sup>, students and staff at Roch Carrier E.S. are invited to purchase a candygram to send to other students and staff here at our school. A

.....To teach and learn with curiosity, creativity and confidence.....

candygram is a message slip with a small candy attached. The message slips will be on sale for only 25 cents each or 5 for \$1. On Monday, December 19<sup>th</sup>, each student will receive his or her messages (and one candy for each message.) So please bring in some extra money so that you can send yourself or a friend a candygram! **All proceeds from the sale of candygrams will go to help the Free the Children Foundation! Please help us, help others!**

Sincerely,

The students of Mrs. Paunins, Mrs. Levy-Rick and Mrs. Cesario.

### Celestial Sleuths



Mrs. Gasperetti's class was fortunate to have a Scientists in the Schools presentation last month. The presentation was interactive and exciting with game show activities, drama presentations, video clips and a comet demonstration. What a fun and exciting way to wrap up our unit on space. Mr. McKee was very impressed with the student's understanding of space - way to go Grade 6's!



### **OCDSB NEWS**

#### **2012-2013 Registration Dates**

Each year, there is a Kindergarten registration period, a student transfer period for the

elementary and secondary panels, and a French Immersion Program registration period.

**The following timelines will apply for the 2012-2013 school year:**

**Kindergarten Registration Period:** Monday, January 30 to Friday, February 3, 2012

**Elementary Student Transfer Application Period:** Monday, February 13 to Friday, February 24, 2012

**Secondary Student Transfer Application Period:** Monday, February 13 to Friday, February 24, 2012

**Middle French Immersion Registration Period:** Tuesday, February 21 to Monday, February 27, 2012

The information can also be found on the Board's website: [www.ocdsb.ca](http://www.ocdsb.ca)

## School Council NEWS



Please come and join us at the next council meeting and bring your favourite dish as it will be a **Potluck** meeting. It will be held **Wed. Dec. 14, at 7pm** in the RCES library. We look forward to seeing you there. Happy Holidays!

At our last council meeting we discussed the Parent Council Budget and how the Council should distribute the money raised from fundraisers this year and based on your feedback (parental survey) and members of the council we have voted to use some of the monies raised for the following items:

- Earth Care Fund \$1000
- Teachers' Needs \$4000 (i.e. classroom supplies, manipulatives)
- Partnership School \$750 (Queen Mary Elementary School located in the east end, city of Vanier)

The following budget items were added based on your response to the survey:

- Art Supplies \$1050
- Music Supplies \$1050

- Technology in the classroom \$3000 (for example Smart Boards and Elmos)

### FUNDRAISING NEWS

Thank you to the parents and students for supporting another MacMillan's Cookie Dough Fundraiser. Just a reminder that your orders will arrive just in time for Holiday baking on **Dec. 7, 2011** and will be ready for pick up between **2:30 - 3:30pm and 6-8pm** at the school. **We are looking for a few volunteers to help distribute the orders**, if you are available for the times listed above please contact Shauna ([shaunaspearman@gmail.com](mailto:shaunaspearman@gmail.com)) or Catherine ([scottcj@rogers.com](mailto:scottcj@rogers.com))

**Holiday Fundraiser!** The ever popular Funscript Campaign is back. Please watch for the order forms in your child's backpack in the coming weeks.



### Mark your calendar!

On Thurs. January 19<sup>th</sup> this popular fitness craze is back for its 3<sup>rd</sup> annual evening, hosted by Jennifer Tackabury (certified Zumba instructor). We invite you to join us for this fitness party. We can guarantee you will have a lot of fun.

### Partnership School Update

Last year our school council was able to donate \$554.00 to our partnership school Queen Mary Elementary School which is located in the East End of the city.

They were so excited and celebrated by using the money for a school-wide science program, "Astronomy Day", which involved all classes visiting the gym to take a turn inside a huge inflatable black dome that has the solar system illuminated on the inside - very cool and kids loved it! As well, students entered a contest for a draw (across the city) and one of their student's in the General Learning Program class won first prize (high-end telescope!) which was presented at their assembly.

We will continue our partnership with Queen Mary and this year we will show our support by sending them \$750, we look forward to hearing about what they do next!!!

.....To teach and learn with curiosity, creativity and confidence.....

### Survey Results

Thank you to all parents who participated in the survey about how you would like to see Council spend the money that will be raised from fundraising this year. There were 175 responses to the survey with the top three choices being, the Arts, Music and Classroom Technology. Now that we have received your feedback we have dedicated the funds to reflect your interests.

### OCASC News

- OCASC is now on Facebook
- Discussed school calendar year for 2012-2013 and what it may look like.
- The OCDSB, the OCSB and Toyota Evergreen Learning Grounds partner to present a series of workshops for parents, school councils, community, teachers, administrators and students on how to Green your schoolyard. And it's FREE! The next workshop is on Wed. Dec.7, 2011 (7-9pm) at Lester B Pearson High School, 2072 Jasmine Cres. Gloucester. To see all the workshops click on the link <http://www.ocdsb.ca/com/pship/evergreen%20docs/OttawaWrkshps11-12%20Final.pdf>

To learn more about what is going on at OCASC and to read the complete version of the minutes please visit their website <http://ocasc.ca/>.

Not at the school every day but want to stay connected? You can! You can check out the Council's website <http://www.rochcouncil.ca/index.html>

OR visit our Facebook page

<https://www.facebook.com/wendy.gabrielclee#!/pages/Roch-Carrier-School-Council/150201855030124>

### Community News



.....To teach and learn with curiosity, creativity and confidence.....

### Note from Ottawa Police and the Bridlewood Community Association

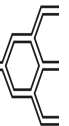
Ottawa Police have asked us to communicate with all residents an increase in the incidents of car thefts and break-ins in the Bridlewood and Emerald Meadows community. In order to protect yourself and your valuables, they suggest following these few simple steps:

- Always lock your car; even when it is in your driveway or you are stepping away only briefly.
- Never leave valuables - wallets, purses, GPS devices or any electronics in your car.
- Be especially careful in public parking lots where you may be observed leaving your car without a purse, or taking time to hide valuables in your trunk.
- In public lots at night, seek parking spaces near foot traffic, vehicle traffic or lights so suspicious behaviour might be noticed.

Thefts from vehicles can be prevented if there is nothing there to steal. Please take steps to protect yourself and your valuables.

Share this information with friends and neighbours to help keep everyone safe from this kind of crime.

Heather Kirk  
Bridlewood Safety Committee



### Protect Your Child's Teeth

Did you know that 39% of all dental injuries are due to sports? Kids can play sports on a team or just for fun. A tooth can be chipped or be knocked out if not protected.

Mouthguards are the best way to protect your teeth. A custom made mouthguard fits the teeth best. A helmet with a face mask will help protect the mouth for sports such as hockey, but you still need a mouthguard.

If your child has a broken or knocked out tooth, call your dentist to find out what to do.

If you need more information, please call Ottawa Public Health at 613-580-6744 or visit [ottawa.ca/health](http://ottawa.ca/health)

**Dates to Remember**

- Dec.5 Grade 6 to Food Bank
- Dec.7 Heart and Stoke Basketball Tournament
- Dec.8 Stats Canada Workshop for Juniors
- Dec.8 Macskimming Field Trip (S. Levy-Rick, L. Cesario, K. Paunins) 8:40-2:45
- Dec.8 Grade 4 REG. to Museum of Nature 8:45-2:30
- Dec.8 Grade 3 EFI Pioneer Heritage Day in Library
- Dec.14 School Council Meeting at 7:00pm

- Dec.15 Cake Walk
- Dec.15 ARC to present FINAL Recommendation Report (9:00pm at the Board Office)
- Dec.19 Candygram Day
- Dec.20 Flea Market all day in the library
- Dec.20 Kindergarten presentation and sing-a-long in gym: 9:15 am and 1:15 pm
- Dec.22 Holiday Concert: 8:45 Primary, 11:30 Junior
- Dec.23 Dressy/Classy Spirit Day
- Dec.23 Last day of classes before Winter Break
- Jan.9 Welcome Back! School resumes for ALL students ☺
- Jan.11 School Council Meeting at 7:00 pm
- Jan.19 School Council Zumba Night
- Jan.20 PA Day: No school for students
- Jan.24 Can West Spelling Bee
- Jan.27 Spirit Day: Pajama Day